



Winter 2012



Girl Guides
of Canada
Guides
du Canada

The

Signal

Winter 2012

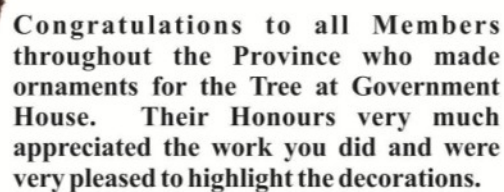
Inuit and Labrador Council

Girl Greatness Starts Here

of Canada
Guides
du Canada

Newfoundland and Labrador Council

Girl Greatness Starts Here



Editor's Note

Dear Sisters-in-Guiding,

I hope you have had great holidays and are ready for 2012 and all that it will bring your way. As always, Guiders and Guides have been very busy throughout the Fall of 2011, and Winter 2012 promises to be just as productive.

This year will be my last as Editor of the Signal. I have been in this position for several years and it is time to let someone else enjoy this wonderful opportunity. Of course, I am not leaving Guiding. I look forward to spending more time as your provincial archivist instead. A few people have expressed interest in being involved with the Signal so I hope to assist them in producing the next two issues as we transition smoothly to a new editor.

Here's wishing you all a wonderful New Year full of fun, adventure and discoveries.

Yours in Guiding,

Edith Cuerrier, Signal Editor

NEWSPRINT IN ARCHIVES

Guiding is often featured in newspapers and, while it is great to have a record of these appearances in print, it is not necessary to keep original news clippings.

Newsprint is made from low-quality acidic paper meant to be discarded or recycled. It is preferable to keep photocopies of articles instead of keeping the newsprint which yellows and deteriorates over time. Acidic materials are not welcome in archives.

In addition, most published materials are mandated to be collected and microfilmed in government archives so a photocopy is sufficient as a record of the date and the publication in which an article appeared in order for a researcher or historian to find it and refer to it.

The Signal

is published three times a year (Winter, Spring/Summer, and Fall) by the Girl Guides of Canada - Guides du Canada / Newfoundland and Labrador Council, and is sent to all registered adult Members and Rangers within the province.

Deadlines

15 July for Fall issue
15 Nov for Winter issue
28 Feb for Spring / Summer Issue

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Girl Guides
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From Your Provincial Commissioner

Welcome to 2012, a new year of great Guiding. Everyone has been very busy this fall in Guiding. Online Registration! What a way to start the year facing the challenges of online registration, yes there were many, we faced them and now we have the first year of online registration behind us. We know it has been challenging and thank you to those who worked with us and made it happen. Our province has done very well in the online registration and was pointed out at our National meetings.



This fall we were very pleased to host a visit from our Chief Commissioner Chris Burton. She was treated to hospitality, Newfoundland and Labrador style. During her visit Chris had the opportunity to meet with Trefoil Guild Members for a luncheon held at our provincial headquarters and a morning coffee in Gander. The Chief attended a rally hosted by Tuckamore Area and spent time with many girls and women and personally gave her patch to each member. Chris became a fun loving Honorary Newfoundlander while wearing the traditional "Sou'wester". Pathfinders and Rangers hosted the highlight of the evening with the game "Are you Smarter than The Chief". What fun we had and guess who won? The Chief attended a luncheon hosted by Their Honours and unveiled a plaque commemorating 60 years of giving service to the annual Lieutenant Governor's Garden Party. After a media interview with NTV, live interviews on VOCI and photo opportunities at our 100th Anniversary Monument, we rushed the Chief to the Canada Cord Presentation and Chief Commissioner's Gold Award Ceremony where Chris was thrilled to meet the recipients and spend some time with them. Chris met with the past Provincial Commissioners and Deputies and enjoyed Guiding conversations during lunch. After touring the area some Unit Guiders were able to join the Chief for dinner with the opportunity to spend some time with Chris. That evening we joined members for an evening of fun hosted by Con Bay Su Area and enjoyed some traditional music by girl members. The next two days were spent at the Committees' Conference at the Lion Max Simms Campsite. Chris had the occasion to meet with the Provincial Department Advisers, Area Advisers, Area Commissioners and was able to attend sessions to find out first hand how Guiding happens in our province. No rest for the weary! Off we go to a rally in Bishop's Falls where the Chief beat the PC at an Olympic game. Girls, Guiders and Trefoil Guild Members had the opportunity to meet the Chief, share a lunch and receive her patch. We shared a potluck supper with Guiders in Centennial District and presented Chris with a gift from Provincial Council depicting the ocean, scenery, and handmade crafts representing all of the province. The next morning we attended a morning coffee with Trefoil Guild Members in Gander and share some time with them and were so pleased to visit an exhibit of Isabelle Blackmore's paintings at the Art Gallery. We brought Chris to the airport, tired but not hungry. Chris expressed many times how overwhelmed she was with our hospitality and generosity. I know I was very proud for Chris to have the opportunity to experience our province and Guiding in our province.

What beautiful ornaments girls of our province made for the foyer Christmas tree in Government House. Their Honours were truly delighted to receive all those magnificent ornaments. They stood by the tree as each ornament was hung and spoke with the Girls and Guiders as many pictures were taken. Many Christmas carols were sung and it was a memorable evening. Thank you to the Girls and to the Guiders who encouraged and helped make this happen.

This is the time of year when we like to burrow deep into our homes and keep away from the winter weather, not in Guiding. There is too much fun waiting, sledding, snowshoeing, skating, winter camping, skiing, and s'mores! Have a wonderful winter and Happy Thinking Day!!

....until next time

A handwritten signature in cursive script that reads "Judy".

Judy Shannahan, Provincial Commissioner

**Newfoundland and Labrador Provincial Council
Girl Guides of Canada—Guides du Canada**

Provincial AGM and Dinner

Catering Request

*If your unit, district, or area would like to cater the Annual General Meeting and Dinner scheduled for **Saturday, June 9, 2012** please send your submission to Donna Tuck, Provincial MMPA Adviser, at donnajtuck@yahoo.ca.*

*The deadline for submissions is **5:00pm on February 29th, 2012.***

Your submission should include the following info:

- Full quote based on 100 people in attendance
- Main meal details, rolls, dessert, juice, tea and coffee and water at all tables
- Location where you will hold the dinner (should be room enough to seat 100 plus set up tables for awards, displays, podium, water and glasses by podium, etc)
- Location, in St John's or near proximity, should be wheelchair accessible
- If there is a sound system available with microphone, etc.
- The dinner should start at 6:30 with the AGM starting at 8:00pm (SHARP)
- Any other questions feel free to ask

Upon final review of all entries, final decision will be made in early March 2012.

Trefoil Trails Provincial Campsite

A new Trefoil Trails Committee has been formed to get our beautiful campsite up and running again so our girls and Guiders can enjoy Trefoil Trails for many years to come!!! Members representing their respective areas are:

Donna Lawlor - Northern Mosaic
Pat Dwyer - Long Range Trails
Sandy Moss - Trefoil Central
Cindy MacDougall - Eastern Bays
Christine Young - Con Ba Su
Denise Hennebury - Ocean's Edge
Margot Walsh - Tuckamore
Robyn Lee - Chair
Judi Pardy - Ex-Officio
Judy Shannahan - Ex-Officio



There is a lot of work to do so we will need subcommittees, many hands and great ideas. Numerous people have expressed their interest and passion in helping our committee and we encourage you to speak to your area representative. You can also email trefoiltrails@gmail.com with your suggestions.

Also, a short survey will be emailed to Guiders soon. Keep your eyes open for it!!!

New and Exciting Opportunities For You!

Provincial Council promotes the Mission and Vision and administers the business and programming of GGC within the province in accordance with the policies and procedures of GGC.

This year at the Provincial Annual General Meeting, June 9th there are several opportunities that will be available on our Provincial Council. More information and applications are available on our website or contact the Provincial Office. If you are interested you will need to complete an application, meet the position requirements as well as be available for meetings of Provincial Council.

The Provincial Council normally meets three times a year (two face-to-face meetings and one by teleconference) or at the call of the Provincial Commissioner.

General skills and abilities needed for all positions on Provincial Council:

- You need to be well organized
- You must have good management/leadership skills
- You must have the ability to plan and budget for your department or area, or be willing to learn
- You must have basic computer skills, e-mail, sending and receiving attachments, Windows and common Microsoft applications
- You should enjoy working as a member of a team



Provincial Camping Adviser

- You will have a love of the outdoors and camping
- You will promote camping and create excitement, and be a Member of the Trefoil Trails Campsite Committee
- You do not have to be a District or Area Camp Adviser to apply but should have experience in, knowledge of, and a passion for camping
- You should have completed or in the process of completing the Trail level of the

Outdoor Activity Leadership training; being familiar with Blaze level is an asset.



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Provincial Training Adviser

- You understand the importance of great training and are open to new ways of meeting the training needs of the Guiders
- You will encourage Guiders to realize the benefits of being up to date in providing the best program to the Girls
- You need to be a good manager as you will lead and mentor the Provincial Trainers who deliver training to our adult Members
- You should be familiar with the TEAM program and be willing to complete training as needed



Provincial Cookie Adviser

- You realize the importance of cookie sales and the benefits to the whole organization
- You are interested in managing cookies sales for the province
- You love to motivate Girls and Guiders and promote cookie sales through direct contact with Guiders, Commissioners
- You are a good team player



Area Commissioners

Con Ba Su Area
Northern Mosaic Area
Trefoil Central Area

The Area Commissioner is the link between Provincial Council and the Guiding Community and she works in partnership with the Area Council.

- Are you a leader and a visionary?
- Are you passionate about Guiding and want to see it prosper in your Area?
- Consider the tremendous opportunity for leadership, networking, meeting the Girls and Guiders and impacting the future of Guiding in your Area.



- You do not require experience as a Commissioner (i.e. District) to become an Area Commissioner, but a desire to lead a team who want to grow membership in your area.

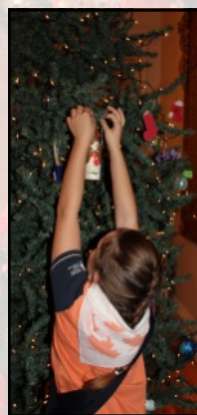
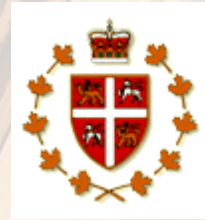
Elected Youth Member

Direct Communication sent to Pathfinders and Rangers and their Contact Guiders.

Annual Christmas Tree Decorating at Government House

Once again , NL Guides and Guiders were invited to decorate the Christmas tree in the entrance hall at Government House. The ornaments were all handmade by Guiding members from across the province. Everyone in attendance enjoyed refreshments and cookies, and sang some Christmas Carols with Their Honours, Mr and Mrs Crosbie, to round out the evening.

(Story and photos by Edith Cuerrier.)



COOKIES FOR SOLDIERS

These are the kinds of letters that were received in Gander from the troops that have received packages with the girls' postcards in them which are labelled "From the Newfoundland and Labrador Girl Guides." As Military Family Outreach Coordinator Patti Griffin pointed out, some letters were addressed to the Gander mayor so that all the groups involved would be thanked. **Story and photo submitted by Pat Dwyer.**



Dear Mayor Bishop,

I'm Warrant Officer Tony Matthews, formerly from Gander and currently deployed to Kandahar Airforce Base Afghanistan. I work for Task Force Erebus, Canadian Heron Unmanned Air Vehicle Detachment (C.H.U.D) as a sensor operator.

I am writing to thank you and the wonderful people of Pasadena and the hard working folks at the Military Family Resource Centre for the great Canada Day gift box, it was a fantastic heart-warming surprise for this expatriate Newfoundlander. I left Canada on December the 28th 2010, and it will be a total of seventeen months before I return. The package and the kind wishes from the people back home do make a difference; it brought a smile to my face and a few extra inches to my waist;-) It is not possible to thank all of the people who made this special moment happen, but if you can pass on my sincere gratitude where possible it would be greatly appreciated. I have also included a picture of myself so the kind folks can put a face to their effort and to know that there is a thankful soldier on the other end.

Once again thank you very much.

Warrant Officer Tony Matthews

Dear Patricia,

I would like to extend heartfelt thanks for the care package I received from your organization recently. I apologise it has taken me this long to reply but I have been unavailable for some time.

I was born in Port Au Port NL and served with the 2nd Royal Newfoundland Regiment before joining the regular army. I have been serving in Edmonton ever since leaving home and have received a package from Newfoundland on every tour I have been on regardless of which unit I was serving with. From Bosnia to Afghanistan without fail I have received a package from home simply because I was born in Newfoundland and am still considered a Newfoundland soldier regardless of where I now live or under which unit flag I currently hang my hat. Words cannot describe the sense of pride and respect I have knowing that I have that kind of support from back

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home. Not every Newfoundlander I have met supports the war, but I have yet to meet one who doesn't support the troops. I want you all to know that it is a gesture that will never be forgotten by me or anyone else I know who hails from Newfoundland and who wears a uniform.

It is because of people like you that I carry a Newfoundland flag everywhere I go. I have been to 15 Countries, have served under several different units and in several different provinces. No matter where my travels take me I will always be a proud Newfoundlander because of the sense of pride that comes from having the support of such great people.

Please pass my thanks (if possible) to The ladies at the Deer Lake Scotiabank, The Cadets of the 2959 Pasadena Lions Army Cadet Corp, The Gander/Corner Brook Military Family Resource Centre and the little girls of the Guides for their kindness. Thank you for the wonderful letters, the postcards, the gifts, the junk food and the time it takes to make it all possible. To us soldiers serving so far from home it is a very big deal and it is greatly appreciated.

From a grateful soldier.



Isabel Blackmore Guider and Artist

Isabel Blackmore, a long time Member of Girl Guides of Canada-Guides du Canada is presently a Crossroads Trefoil Guild Member. With her husband Don, she spearheaded the building of the Beaver Hut in Gander; this was a volunteer community effort. She is a mother of seven, a writer and visual artist, including fabric arts and sewing and is self taught. She is a founding member of several art groups and a volunteer exhibition organizer at her local art gallery for several years. She is also a former member of Memorial University of Newfoundland's Art Gallery Board. She is the recipient of the Arts and Letters Nova Scotia Writers' Federation short story and poetry awards.

During her visit to the province Chris Burton Chief Commissioner for GGC had morning coffee with the members of the Crossroads Trefoil Guild and had the opportunity to view some of Isabel's beautiful art at the Arts and Culture Centre in Gander.

**Story and photos by
Germaine Fisher, Deputy Provincial Commissioner**



Chief Commissioner's Gold Award



Three girls from Shamrock District received their Chief Commissioner's Gold Award at a ceremony on October 12th in St John's. Congratulations on this marvellous achievement!

(L to R: Susan Oates, Stephanie Croft, Provincial Commissioner Judy Shannahan, and Keshia Ryan.)

Photo and story submitted by Joanne Taylor.

HALLOWEEN CUPCAKES

This picture was taken at our Halloween party where the girls created a graveyard cupcake cake.

Back row, L to R: Stacey Carter, Kayla St.Croix, Laura Curtis and Madison Curtis. Front row, L to R: Emily Dalton, Caroline Murphy, Leanna Collins and Claire Gatherall.

Submitted by Kimberly Curtis, 1st Witless Bay Pathfinders and Rangers.



Ferryland Groups' Halloween Party from Shamrock District



Photos submitted by Anne Marie Carew



WORDS OF ENCOURAGEMENT

It is up to us all to pass them on!

If you are looking for words of encouragement then you have come to the right place. It is not unusual to become disheartened at times in Guiding with paperwork, deadlines, problem solving, personal worries, etc. The list goes on but more than once in our lives we need some inspiration to get us through. You have to believe in your heart that nothing can stop you...the truth is that you were not born to fail, you were born to accomplish just about anything you put your heart into. Indeed you have chosen Guiding to be one of these accomplishments and that is invaluable and irreplaceable.

We all need encouragement no matter what. We do make mistakes at times and we do lose some battles but the best way to deal with this is to get encouragement from others to take away the negative and move on. So, if you know of anyone that needs some encouragement, don't wait...give it when it is needed. Don't put it off for a better day...they need it at that time and not later on when things are moving along smoother.

What becomes vital is to feel encouraged, motivated, and inspired to take on whatever life throws your way....in the good times and more so in the bad times. We need this encouragement to take away the negativity. So don't forget your girls, your fellow leaders, even yourself when things get complicated... understand that at times it is beyond your control. Some things that discourage us at times are too insignificant but build up...sometimes a situation without support is bad and only the best inspiring words can help bring back some kind of hope and meaning back into what we are trying to accomplish.

We need to share our experiences and listen to each other share stories and experiences. We have to take it on ourselves to encourage one another when times are great and when times get tough. We need to listen to what other people have to share about their scenarios so that we can get a clear view of our own situation. Do not make decisions when you are most vulnerable because you will only regret them later on; instead, exercise strength and look forward to another day.

Encouragement can be in the form of small gestures, a hug, kind and supportive words, physical awards, or just a cup of tea! What becomes important is the feeling of what you are doing is needed and appreciated. When the need for encouragement and inspiration come, it does not matter who says it as long as it is said; even if "you" have to take on this responsibility—don't wait for someone else. It is our responsibility to each other to spread this much needed requirement in Guiding or any other aspect of our lives.

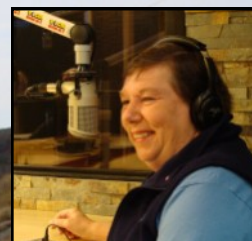
At this time I would like to say **"Thank you"** for your time, dedication, and patience with everything Guiding throws your way. You are indeed very significant and a blessing to Guiding throughout Newfoundland and Labrador.

Yours in Guiding,

Donna Tuck, MMPA Provincial Adviser



Photos by Germaine Fisher



Chris Burton, our National Chief, was here last fall. She visited several Areas and enjoyed meeting many NL Guides and Guiders.





Girls need Guides, GGCNL needs Guiders!

Every week we get new inquiries at the Provincial Office from women wanting to volunteer with GGCNL. As I work to screen and place new leaders I am confounded by units/districts/areas turning away fully screened Guiders claiming they don't have space for anyone else. There have been a variety of reasons given to me for these refusals, none of which are acceptable.

"We have too many Guiders already" – We all know that many hands make light work, why not add another set to your unit? With an "extra" Guider you will not have to worry about ratios when one of you cannot make a meeting. Having "too many" Guiders will also give the new member a chance to learn the ropes without having to take on full responsibilities.

"We have unit helpers" – A unit helper is not a Member. A newly screened Guider has already shown more commitment to GGCNL than the helper who has not/will not become a Member. Unit helpers are not meant to take the place of a Member at your meetings and having them replaced by a new Member may just be the push they need to join. If not, thank the helper kindly for their assistance and let them know you will call on them as required.

"We can't afford more leaders" – this statement has come from those units/districts/areas who pay for their Guiders' membership fees. Every Guider I screen and send to you will be fully aware there is a membership fee. It is up to you and your unit/district/area how you handle this situation but, simply put, it is not a valid reason for refusing a new Member.

Another point to consider is that, come fall when you are scrambling for leaders to replace those who have left unexpectedly, you already have an "extra" Guider in your unit/district/area that has at least a few months experience behind her. Succession planning at its finest!

Finally, let's consider the spirit of Guiding. We are an inclusive organization, open to all girls and women. Turning someone away for any of these reasons goes against all we stand for as a friend to all and sister to every other Guide.

I have been hired to grow membership, focusing on adult recruitment. The quality of our results is determined by the quality of our actions. The quality of our actions, in turn, is determined by our pattern of thinking. Your mindset is the engine, the driving force behind taking action. Let's work together to change our mindset, change our attitude and change the face of our organization for the better!

"mindset" {noun}

a set of beliefs or a way of thinking that determines one's behavior, outlook and mental attitude.

Allison Graham, Membership Growth Coordinator.

International Day of the Girl Child

On December 19, 2011 the United Nations declared October 11 to be the "International Day of the Girl Child". The move comes thanks to the passion and commitment of girls themselves who have lobbied the UN with support from Plan, the Canadian government and all the UN member states, as well as the thousands of people who signed the petition. Girls face double discrimination due to their gender and age, and are the most marginalised and discriminated group across the globe. This new world day will help to prioritise girls' rights as the salient issue in the coming decades. "By designating October 11th as Day of the Girl we are all agreeing to put a special focus on the rights of girls throughout the world. We know that in many countries girls get left behind in all areas of life from school to work and many are prevented from fulfilling their true potential by severe discrimination and prejudice," said Plan Chief Executive Officer Nigel Chapman.

On her Facebook page, our National Commissioner Chris Burton had the following to say: "Great News! UN has declared October 11 the International Day of the Girl Child! Girl Guides of Canada-Guides du Canada supported this effort which was led by Plan Canada. This will be an annual day to bring world focus to the unique challenges girls face in their everyday lives. This is appropriate for Girl Guides as we make a difference in the lives of girls so they can become resourceful, courageous and confident and able to make a difference in their communities and world."

Potential Member Screening

With all the talk in the media regarding other organizations screening processes, and their failures, I cannot stress how important it is that we follow our procedures to the letter and get our new Members screened as quickly as possible! Some of the scrutiny others are currently experiencing could very easily turn to us; therefore we must be diligent in our efforts to screen new leaders promptly and accurately. Proper, timely screening protects our girls from harm, ourselves from liability, and our organization from criticism and embarrassment. Remember, I am available to assist with screening, from checking references to conducting interviews, whatever needs to be done!

Allison Graham
Membership Growth Coordinator.



GGCNL and Social Media

Did you know that over 80% of people who use Facebook and Twitter get involved in volunteer groups? In a new study by the Pew Research Center's Internet & American Life Project (The Social Side of the Internet), they found that social media users are more likely to be active in volunteer groups: 82% of social network users and 85% of Twitter users are volunteers.

Social Media is a very indirect way of marketing ourselves to the public. Posting or tweeting the things your unit is up to increases public awareness of the Girl Guides program and shows we are about so much more than camping, cookies and crafts! A great example of Twitter at work comes from one of our new Guiders, Shelley Pardy. Shelley tweeted the following which was picked up by National. With their combined followers, almost 4,000 people across the country knew what Shelley's Sparks learned that week!



Great [@girlguidesofcan](#) Sparks meeting tonight. We learned about vermicomposting from [@mmsbni](#) and the girls even got to hold some worms!



[@shelleypardy](#) [@mmsbni](#) Sounds like fun! Sparks and worms might be messy but great way to learn about vermiculture! Bravo :)

When Chris Burton was here in October she made a point about how, as Brownies, we were taught to do a good turn without recognition. This message is passed along throughout all the branches and has created our anonymous mentality. We have become an insular organization; the public does not know what we really do! Educating them is the best way to gain momentum and grow Guiding.

Using social media platforms is something many of us do everyday, why not talk about your Guiding life along with everything else you've got going on? Tweet about your unit's activities (include [@girlguidesofcan](#) in your tweet), include them in your Facebook status updates or create a fan page for your next big project!

Facebook and Twitter are also great ways to feel connected to Guiding in Canada and the world. Follow the National and WAGGGS feeds on Twitter and like both on Facebook. Every day there are new links and stories posted that show what girls are up to at home and abroad. There are ideas for crafts and activities to do with your units and lots of thought provoking articles to discuss online with Guiders from all corners of the globe!

Not ready to join the Facebook and Twitter revolution? No problem, just email me anything your unit is doing and I'll make sure the word gets out!

Allison Graham, MembershipGrowth@ggcnf.org

Pathfinders Fight Malaria

The 1st St. Anthony Pathfinders have joined the fight against malaria through the “Beading Up Malaria” campaign. These girls and women raised over \$650 with the sale of Ugandan made beaded jewelry, directly tackling poverty and malaria. They had a great time and it was very successful. Thank you for the awesome job everyone! You have helped Ugandan girls and women by raising awareness and funds for long-lasting insecticide treated bed-



nets and medicines. Have a look at <http://www.buyanet.ca/pathfinders-fight-malaria/>

Submitted by Jennifer Simms, 1st St. Anthony District Commissioner

Your Membership, Marketing and Public Affairs Committee Names and Contact Information

| MMPA Positions | Advisers | Email addresses |
|---------------------------|-------------------|--|
| Provincial Adviser | Donna Tuck | donnajituck@yahoo.ca |
| Provincial Deputy Adviser | Bonita Noseworthy | noseworthybonnie@hotmail.com |
| ConBaSu Area | Mollie Dyer | molliedyer@gmail.com |
| Eastern Bays Area | Stephanie Tucker | the_bombshell@hotmail.com |
| Long Range Trails Area | Donna Eldridge | donna0308@hotmail.com |
| Northern Mosaic Area | Adrienne Edmunds | aedmunds78@yahoo.ca |
| Ocean's Edge Area | JoAnne Taylor | jktaylor@live.ca |
| Trefoil Central Area | Kathleen Waterman | a.waterman@nf.sympatico.ca |
| Tuckamore Area | Daphne Slade | daphne.slade@ati.cb-ec.gc.ca |
| Archives / Communications | Edith Cuerrier | e_cuerrier@hotmail.com |
| Awards | Judith Henderson | jhenderson@nl.rogers.com |
| Girl Protection | Elizabeth Bidgood | elizabethbidgood@hotmail.com |
| iMIS / Trefoil Guild | Margaret Breen | mebreen@nl.rogers.com |
| Link | Susan Chafe | susanpchafe@nl.rogers.com |
| Mentoring | Patricia Dwyer | pdwyer@nf.sympatico.ca |
| Public Relations | Kimberly Mercer | kim.mercer@bellaliant.ca |
| Website | Heather Cumming | cumming@bellaliant.net |



WE CAN SAVE THE PLANET

The 2012 WAGGGS theme is ***we can save the planet***. There are many ways you can work this theme into your normal program activities throughout 2012.

All branches of Guiding can work on the WAGGGS World Thinking Day 2012 badge. There are five focus countries highlighted that discuss their efforts to save the planet: **Guyana, Japan, Ivory Coast, Russia and Tunisia**. Want to learn how to make eco-dominos, origami flowers, play woaley, make blenis or make flower water? Check out the World Thinking Day 2012 Activity Pack on the right sidebar at: <http://www.worldthinkingday.org/en/activities10>.

Other sample activities in the Activity Pack include:

- See how many **low fossil fuel transport ideas** you can think of. Whether walking, running, hopping or dancing, your feet are your best friend, but there's also bikes, roller-skates, surf boards, pedal carts, paragliding, wheelbarrows....can you think of more? Use them to draw attention to your message about reducing fossil fuel use.
- Take part in Earth Hour - 8.30pm local time on Saturday, March 31st. This would be a great activity at a sleepover or winter camp! Join the world as the lights go out in over five thousand cities and towns worldwide. For that one hour go "off the (electricity) grid" and save energy. Make a pledge to raise awareness about the campaign between World Thinking Day and Earth Hour and encourage your community to take part.
- List your favourite games and activities that require electricity or fuel. Remember that even making products, like paper or pens, uses energy. What could you do instead that does not need any resources? Can you think of games that just need you and a few friends to play them? Try some out.
- Learn about the global plastic bag problem. Switching to reusable bags can make all the difference. If just 1000 people in your community started using reusable bags regularly it would save one million plastic bags every year.
- Save some examples of packaging and bring to your group meeting. Examine the packaging and discuss with your group what are the most energy intensive types of packaging to produce, what alternatives could be used and think of actions you could take to encourage retailers to reduce the packaging of their products. Discuss with the girls
- Find out about the particular challenges faced by Girl Guides/Girl Scouts in another country. What challenges do you have in common? Get in touch with the Girl Guides/Girl Scouts in that country and share stories of how you are working on environmental issues. Is there something you can do together? Use your partnership to raise awareness of your work on the environment in the media. Visit www.worldthinkingday.org to see other Girl Guide/Girl Scout projects and upload your own activities.

Canadian World Friendship Fund (CWFF)

Did you know that the Canadian World Friendship Fund (CWFF) was established in 1945 for the promotion of Canadian Guiding throughout the World, as a contribution toward world peace and goodwill?

The CWFF consists of money raised by all members of Girl Guides of Canada. This money is used for many different worthwhile projects that help Canadian girls and Guiders as well as our sisters in Guiding worldwide! CWFF money is used to support disaster relief, twinning, mutual aid, World Centers, WAGGGS, International travel and Western Hemisphere region work.

Don't forget to donate to the CWFF. A "Fiver for Friendship" is the suggested donation per Member. Several Areas have issued challenges to increase donations to this fund. Let us know of your successes!

International Twinning – Grenada and Curacao

Canada has two new twinning countries! Our International Commissioner, Chris Burton, is working on the details of the projects we will do with the island countries of Grenada and Curacao (of the Netherlands Antilles). Challenges are being developed as well so we can all learn about Guiding in these countries. A challenge will also be created so that girls in these two countries will learn about Guiding in Canada too. Stay tuned for information on how your girls can work to earn twinning crests!

Area International Advisers

Your Area International Advisers have many international ideas to pass along to Guiders. If you are wondering how to work on a certain aspect of your program, want to earn a WAGGGS badge, are fundraising for the Canadian World Friendship Fund or are thinking of planning an independent trip you should get in touch with your Area International Adviser. They are also the ladies you pass along your nationally sponsored trip applications to come November 30, 2012!

Pass along your international activities and pictures to these ladies too!!! We love to hear what you are doing in your units!

| Area | International Adviser | Town/City |
|-------------------|-----------------------|-----------------------------|
| Northern Mosaic | Bev Fry | Labrador City |
| Long Range Trails | Liz Porter | Stephenville |
| Trefoil Central | Catherine Bourden | St. Alban's |
| Eastern Bays | Myra King | Placentia |
| Con Ba Su | Jackie Perry | Paradise |
| Ocean's Edge | Leah Stone | Goulds |
| Tuckamore | Andrea Korpel | Portugal Cove – St. Philips |

Contact me (Robyn Lee) at ggcninternational@gmail.com, identifying your Area, and I will get you in touch with your Area International Adviser.

2011 Nationally Sponsored Trip to Honduras by Madi

"I arrived in Honduras with two leaders and ten girls that I had never met before in a country where most people including the family I stayed with didn't speak English. It was definitely very scary. But then I got to know the girls and leaders, my family, and all of the kids at the school which we painted for our service project. The trip had its share of challenges but even more rewards. I painted a school in intense heat, went to the beach and an amusement park, was driven around by some crazy Honduran drivers and developed friendships with my family and the school children. It was an amazing trip that I would recommend to anybody!"



2011 Nationally Sponsored Trip to Our Chalet – Swiss Challenge by Denise

Swiss Challenge was an exciting adventure for eight girls and two Guiders from Canada. Each day at Our Chalet was filled with adventurous activities and the program lived up to its reputation of challenging Members to try new things and push their boundaries. While at times this was difficult, the satisfaction of completing an activity was absolutely exhilarating. Repelling off a bridge and into a gorge, zipping across a river, swimming in a glacier lake, rock climbing, white water rafting and hiking in the Alps during the day and overnight were some of the more active things we did. Hurrah Kayla from Bay Bulls who was part of the group to successfully reach Bunderspitiz – 2546 metres above sea level!

We also participated in international night, Swiss night, a journey to Interlaken for a chocolate show, a funicular ride to the top of Mount Neissen, visiting waterfalls, exploring a medieval castle and visiting a Woodcarver's shop also kept us busy. When our time at Our Chalet came to an end we were sad to be leaving such an amazing place. We survived Swiss Challenge 2011 with memories that will last a lifetime with a feeling of accomplishment and satisfaction!



GIRL EMPOWERMENT NATIONAL SERVICE PROJECT Donation to St John's Naomi House



District 19 Sparks, Brownies and Girl Guides completed the “act” portion of the Girl Empowerment National Service Project recently by donating toiletry items to Naomi House in St John's. Girls also donated a week's worth of their dues to purchase towels and bed sheets. All items were collected separately by the individual units and then combined at the District's Enrollment Ceremony on Nov 20th.

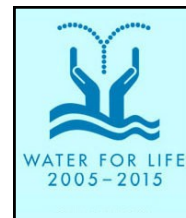
Robin Hood Bay Waste Management Facility



Presentations about curbside recycling and the environmental improvements at the Robin Hood Bay Waste Management Facility are available to Girl Guides of Canada Units in and around the St. John's area. Units can visit the waste management site classroom during their regular meeting time - contact Shelley at public-works@stjohns.ca, or call 311, to arrange the date and time your unit would like to visit. The presentations are tailored for appropriate age groups and include time for questions and answers as well as interactive activities and games. Girl Guides of Canada Units that have previously visited the site have had positive things to say about their visits and all present, “young and not so young”, have learned more about recycling and how to properly manage our waste.



International Decade for Action 2005 -2015 WATER FOR LIFE Challenge Requirements



There are four badges available: Pink Border - Sparks; Orange Border - Brownies; Light Blue Border-Guides; Navy Blue Border - Pathfinders/Senior Branches. These badges will be available for ten years, so you can earn the badge above with your Units, *i.e.* Brownies can earn orange one year and pink the next. Guides, Pathfinders and Senior Branches can earn all four badges when the prescribed number of challenges is completed.

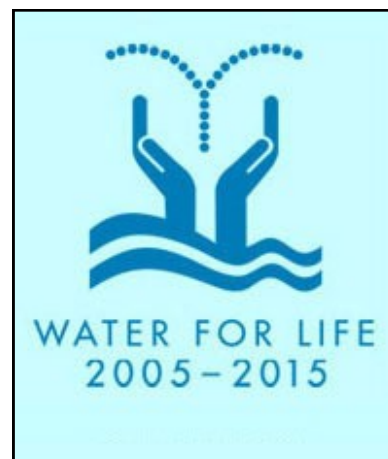
Each branch must complete at least 6 of the following activities that are challenging and fun for the unit.

1. Find out the source of water for your community. How is it purified for drinking?
2. Name 6 to 12 ways we use water every day. How can we conserve water at home?
3. Act out a mime or a play on a theme about water.
4. Explain the Water for Life logo and why Girl Guides are promoting the Decade for Action.
5. What can you do to reduce the waste of water in your home?
6. Grow flower or pea seeds in a pot. Using two pots, add water to one pot but no water to the second pot. Explain what happens.
7. Plant a small vegetable garden. If you live in the city, try a raised garden plot, or grow lettuce in a window box.
8. Participate in a Yellow Fish Road Program.
9. Discuss what happens when garbage leaves your home. What four products can be recycled into new items?
10. Try to carry a container of water on your head like many children and women have to do in the world. If you had to carry water for your family, would you be able to go to school?
11. Give four reasons why the Heritage River in your Province is significant in Canadian history.
12. Visit a fish hatchery or fish farm and become familiar with the appearance and behaviour of some of our game fish, or name five of the most caught fish in your Province or Canada.
13. Eutrophic lakes are fascinating aquatic habitats for many plants, animal species and insects. Explain why that is so.
14. Summer water use restrictions are essential in many communities. Give five conservation practices that your family achieves to conserve water.
15. Every home medicine cabinet is a public health concern. Give examples of how drugs affect our water supplies.
16. Plan an activity that raises awareness for the protection of rare plants and animals in your Province.
17. Take the One-Tonne Challenge. Explain how your family or community are helping to protect our climate and air quality.
18. Why are wetlands important? Take a field trip to a wetland in your community that is protected, and explain what you enjoyed most on your outing.

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19. Learn about six aquatic plants that are good for the environment.
20. Explain why an aquifer is important for the storage of ground water.
21. Discuss how your community and a neighbouring community or country could share water from a river.
22. Explain at least three alternative means of producing energy that are non-polluting.
23. Find out the main causes of water pollution in your area. What are the adverse effects of polluted water?
24. Recognize a total of 12 plants, animals, insects, or birds that live part of their lives in a stream, river, pond or lake. Make notes of their life cycles and how they rely on water to complete their life cycles.
25. Find out about the leisure time uses of water in your area. What health and safety rules should be observed for these activities?
26. What are some harmful effects leisure activities have on the environment?
27. Write a story, poem or draw a picture story on "The Journey of a Raindrop."
28. Make a rain gauge and use it for the period of one month. Keep daily records.
29. Learn about the different types of clouds.
30. Keep a weather log for one month or one season.
31. Check out careers available in the water-related industry.
32. Find out about water-related diseases that can cause death of children in developing countries.
33. What does 'deforestation' mean? How does it affect developing countries and their water supply?
34. Clean up a river bank.
35. Plant trees in your yard, school or community.
36. What is 'xeriscaping'?
37. Find out about preventable water-born diseases from which children die every year. Prepare a media presentation of your findings.
38. Learn what causes tsunamis, or other water-related natural disasters.
39. Discuss ways that water is used as transportation.
40. How is water used to produce energy? Illustrate the process used.



(Continued on page 23)

| ORDER FORM | | | |
|------------|--|-----------------------|-----------------|
| Unit | | # of crests | X \$0.50ea |
| Contact | | Sub-total | \$ |
| Address | | Tax (call Guide Shop) | \$ |
| Phone | | S&H (call Guide Shop) | \$ (\$2.00 min) |
| E-mail | | Total Enclosed | \$ |

Send to:

The Guide Shop, GGC – NL Council, Bldg 566, Pleasantville, St. John's, NL A1A 1S3

(Continued from page 22)

41. Why is it that females suffer most from lack of adequate water and sanitation?

42. Cook a meal that does not include water. Remember water is needed to grow vegetables and for animals to grow.

43. Reduce, reuse, recycle. Make a before and after self-record of your successes.

44. Learn about irrigation. How do farmers water their fields in your area?

45. Visit a greenhouse. Make a small greenhouse and grow tomatoes.

46. Learn about tides. How are they affected by the moon?

47. How much of the world's freshwater is available for usage? Provide a graphic to show the availability.

48. Make rain. Learn about rain dance customs.

49. Discuss alternative means of producing energy that are non-polluting.

50. Explain the 'water cycle' to your group by using a drawing of the water cycle.



LET'S TRY SOMETHING NEW IN OCTOBER 2012

In the month of October 2012, Area Training Days will be held across Newfoundland and Labrador. Area Commissioners, Area Training Coordinators and the Provincial Training Department will work closely with each other to set up Area Training Days.

There will **not** be a Guiders'/Commissioners' conference in the fall of 2012. Due to a variety of factors i.e. the cost of running the conference, actual number of participants and cost for the Areas and Districts, it was decided to try something new.

With this new format it is the hope that more Guiders will be able to attend and there will be less expense involved for the Guider.

Look for more details as things are planned and developed within your Areas. Contact your Area Commissioner for more information.

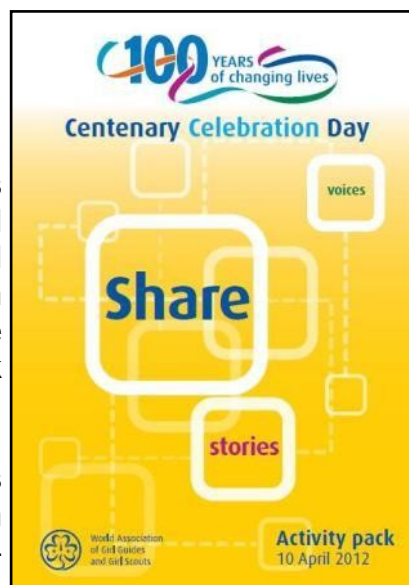
*Heather Courage,
Provincial Training Adviser*

SHARE the Centenary in 2012

WAGGGS and its members will celebrate the third and final year of Girl Guiding and Girl Scouting's centenary in 2012 focusing on the theme *Share*. The new Activity Pack contains lots of ideas and activities that will help you plan your celebrations. This year we want you to focus on sharing your story and sharing your voice.

Download the Activity Pack at:

www.wagggsworld.org/en/resources/document/view/22495





Happy Thinking Day to All Guides and Scouts around the World!!

February 22, 2012



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